



CARLY COMANDO // THE CALM BEFORE

Emmy Award-winning composer **CARLY COMANDO** presents her fourth piano-based full-length album and most accomplished work to date ***The Calm Before***. Powerful, deliberate and performed with palpable conviction, these 10 stunning new tracks are as perfect for unforgettable big screen moments as they are for pivotal life events and personal enjoyment. Fresh off the heels of composing the original score for the film *Lily Topples The World* (Winner: Grand Jury Prize for Best Documentary Feature at SXSW), Carly wasted no time in finalizing these cinematically-inspired tracks for worldwide release on November 4, 2022.

"Every album is a progression from the last and *The Calm Before* is no different. During the pandemic, I was able to evolve as a musician because I had access to new and better gear. I felt like an artist who went from having one paintbrush to one who had an entire arsenal of tools. My approach to the album was to allow an idea come to me and let it lead the way. I had so much fun layering, learning when to pull back and mixing complex pieces with minimalist piano tracks to create different emotional tones and affects with each song. My headspace going into this album was much different than previous albums, as the pandemic gave me pause to reevaluate my approach to music. As a result, I've become a much more confident artist," says Carly.

Carly explains, "The first song I wrote was *The Calm Before* and it was on one of those strangely quiet days where everything was still outside but you could feel something brewing. As I wrote more songs, I realized that the metaphorical storm I was setting up throughout the album wasn't anything like dangerous weather or a hurricane — it was a beautiful transformation instead. During the pandemic, I was forced to look within and take a break from my usual hustle-hustle and fast-paced lifestyle. I was able to see what was and wasn't working for me and I was able to reprioritize, let my mind quiet down and, for a moment, be at peace with myself. So instead of 'the storm' being an event that turned everything upside down in a bad way, it shifted my life for the better. The storm was a positive reckoning with myself and it blessed me with a reflective break that allowed a new version of myself to shine. Now I feel like I can really make a big difference in the world."

"The icing on the cake as a musician is when my art resonates with someone other than myself. Creating music is such a personal, vulnerable experience and I always finish what I've started feeling incredibly proud of it. With *The Calm Before*, not only do I feel proud of the work I've put into the album, but also the work I've achieved on myself. I've come such a long way from *Everyday* and my debut *One Take*. This album is a culmination of experiences while including my unique style that makes me 'me.' It's so exciting for people to hear my music all around the world and for my art to support others and impact their lives as it does in my own. While my music will always be my own personal life soundtrack, it's truly an honor when I hear that it connects to others in a similar way," adds Carly.

The Calm Before was produced, performed, engineered and mixed by Carly Comando. Mastered by Todd Schied. Album artwork by Donna Jean Baxter. Photo by Carly. Carly's discography includes full-lengths *Epic*, *Dreamlife* and *One Take* plus viral single ***Everyday*** among others. All recordings have been proudly released on Deep Elm Records. Carly also plays keyboards and sings in *Slingshot Dakota*. Carly also recently composed portions of the score for the documentary *The World Before Your Feet* (4 Stars by Roger Ebert, 100% Rotten Tomatoes, director Jeremy Workman). Carly resides in Allentown, Pennsylvania and yes, that is her real name.

"This is music that changes lives, opens minds, broadens horizons. An amazing pianist." - **ANA**
"Beautiful and soothing, evoking emotions to ease scattered minds. A talented composer." - **Sweetie Joe**
"Emotional and inspiring, she grabs your soul and moves you. Highly recommended." - **The Rez**

For Fans of: Ludovico Einaudi, Philip Glass, Christoffer Franzen

Genre: Modern Piano Instrumentals / Cinematic / Ambient / Classical Crossover

