



ATHLETICS

7 years. That's how long it's been since the members of Asbury Park's **ATHLETICS** have shared the stage. But some connections never fade, they simply can't be denied. As life moves us in different directions and take us down varied paths, we often find ourselves coming back to the connections we formed that helped shape us into who we are. It's this shared bond between Jimmy, John, Howie, Zach and Garrett that has Athletics reuniting, rehearsing, recording and reshaping their futures, going all-in for 2024 as if they never left the stage together.

Following the recent release of single *When To Run* in January, Deep Elm Records is pleased to announce the re-release of Athletics' single ***Where to Hide*** on all digital platforms across the globe for the first time.

"Deep Elm helped Athletics reach listeners and establish lifelong connections with fans all over the planet. Our initial self-release of 'When to Run / Where To Hide' back in 2016 was keeping the band moving forward as best as our personal lives would allow at the time. We are proud of what we accomplished then, and proud for them to have their proper home with the rest of our catalog on Deep Elm in 2024 and beyond," says drummer John Cannon.

Additional releases by Athletics include *Why Aren't I Home?* (debut, Oct 2010), *Stop Torturing Yourself* (Jun 2012) and *Who You Are Is Not Enough* (Apr 2014) all on Deep Elm. The band formed in Upstate New York but now predominantly resides in the musically rich, seaside capital of the New Jersey Shore...Asbury Park. And yes, Athletics really is as good as everyone says they are.

MAY 15 - Beijing, China @ Omni Space
MAY 16 - Shanghai, China @ Bandai Namco
MAY 19 - Guangzhou, China @ Shengyin Gonghe
MAY 20 - Shenzhen, China @ B10
JUN 27 - Indianapolis, IN @ HiFi / Post Festival

Athletics is Jimmy Boyce (guitar), John Cannon (drums), Howie Cohen (guitar, vocals), Garrett Yaeger (guitar, piano, vocals) and Zach West (bass). Artwork by Jimmy Boyce. Band photos by Nick Marraro. Drums engineered by Chris Vandeviver at Brass Palace. Guitars, bass and vocals engineered by Pete Steinkopf at Little Eden. Mixing by Greg Dunn of Moving Mountains. Mastering by Mike Kalajian at Rogue Planet Mastering.

For Fans of: *The Appleseed Cast, Explosions In The Sky, Moving Mountains, Last Lungs*

